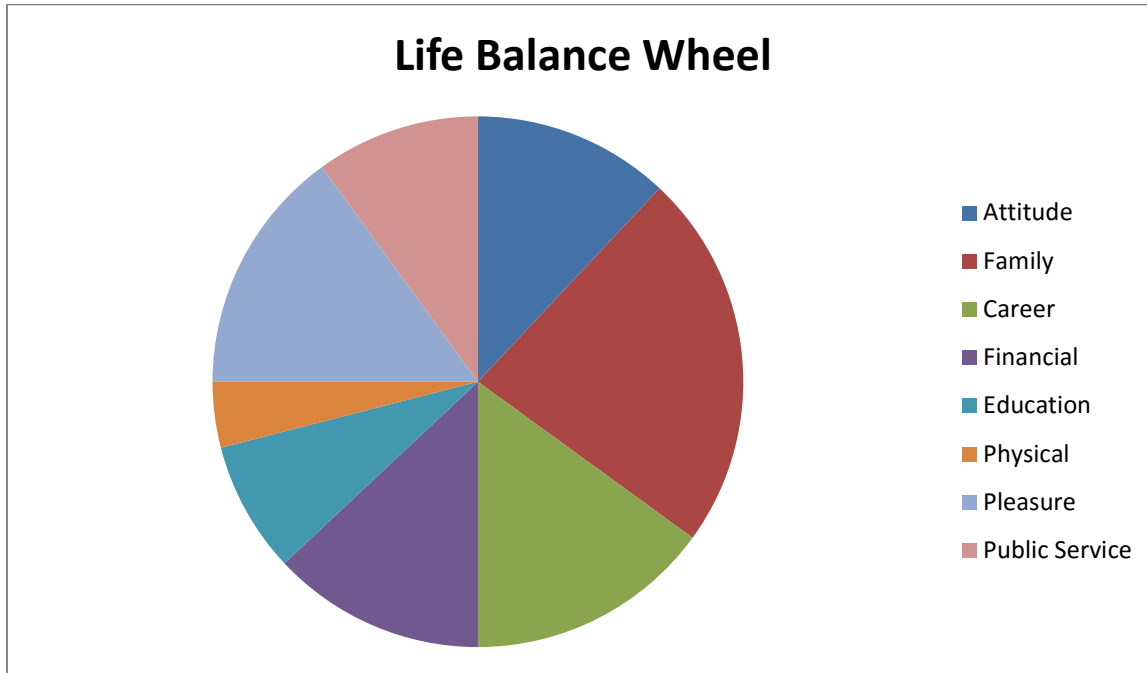


INTEGRATION

Life Balance Wheel



	Life Balance	How much of your focus is Required to:
Attitude	12	Required to maintain the RIGHT attitude for success
Family	23	Required to create the preferred family you envision
Career	15	Required to achieve the career of your dreams
Financial	13	Required to manage financial resources
Education	8	Required for continuous lifelong learning
Physical	4	Required to maintain a healthy body
Pleasure	15	Required as personal time to remain in balance
Public Service	10	Required for personal satisfaction
Balance to 100	100	

We must learn to balance work and play. Too much of either ends up creating stress that no one needs in their life